

2022 CANTEEN MENU

Hot Food

Corn on the Cob	\$1.20
Garlic Bread	\$2.00
Party Pie	2 for \$3.00
Hot Cheese Roll	\$3.00
Chicken Nuggets	4 for \$3.20
	6 for \$4.80
Cheese & Broccoli Bites	4 for \$3.20
	6 for \$4.80
Hot Dog w/ Sauce	\$3.50
Mini Dim Sim Cup	\$3.50
Chicken or Vegetable	
Sausage Roll	\$3.60
Spinach & Ricotta Roll	\$3.80
Hot Chicken Roll	\$4.00
Traveller Pie	\$4.20
Beef or Chicken	

Burgers

No changes or substitutions are available.

Chicken Burger	\$4.60
Lettuce & Mayo	
Beef/Salad Burger	\$4.60
Lettuce, Tomato & BBQ Sauce	
Cheese Burger	\$4.60
Beef, Cheese & BBQ Sauce	
Veggie Burger	\$4.80
Lettuce & Mayo	

Pasta & Rice

Macaroni & Cheese	\$4.80
Butter Chicken & Rice	\$4.80
Beef or Vegetable Lasagne	\$4.80
BBQ Pork & Ham Fried Rice	\$4.80

Hot Wraps

Chicken Tender w/ Lettuce & Mayo	\$5.20
Toasted Ham/Cheese	\$5.00

Bento Box \$5.50

Your choice of Chicken Breast Slice, Corn Cob or Boiled Egg
PLUS 1/2 Sandwich, Mini Muffins, Sliced Fruit, and Popcorn

Build Your Own Sub Roll

Sub rolls baked fresh everyday!

\$5.50

Includes:

One (1) choice of meat, and any fillings or sauces.

1. Choose a Meat:

Chicken Breast, Ham, Tuna, Meatballs or Roast Beef

2. Choose Fillings:

Carrot, Cheese, Tomato, Lettuce, Cucumber or Beetroot.

3. Choose Sauce/Dressing:

Caesar, Garlic Aioli, Sweet Chilli, Tomato, BBQ, Mayo or Sweet Mustard.

Sandwiches & Wraps

All sandwiches made on wholemeal bread

Upgrade Wrap	\$0.80
Vegemite, Jam or Cheese	\$2.50
Tuna or Egg	\$3.20
Ham, Chicken or Roast Beef	\$4.00
Salad Sandwich	\$4.00
Lettuce, Tomato, Cucumber, Beetroot & Carrot	
Salad w/ Tuna or Ham	\$4.50
Salad w/ Chicken or Roast Beef	\$4.80
Extras (including Toasting)	\$0.60
Cheese, Avocado, Sprouts	

Sushi

Available Tues, Wed, & Thurs

Chicken & Cucumber	\$3.80
Tuna & Cucumber	\$3.80
Chicken Teriyaki	\$3.80
Veggie Sushi	\$3.80

ORDER ONLINE!

For online weekly specials, detailed menus and to order online, please visit spriggyschools.com.au

Lunch order cut off is 9am

Spriggy Schools

Salads

Garden Salad	\$4.50
Lettuce, Tomato, Cucumber, Beetroot & Carrot	
w/ Ham or Tuna	\$5.20
Chicken Caetser Salad	\$5.50
Greek Salad	\$5.50
Extras	\$0.60
Cheese, Avocado, Sprouts, Egg or Capsicum	

Drinks

Bottled Water 600ml	\$2.00
Plain Milk 300ml	\$2.00
Juice Popper	\$2.40
Flavoured Milk 300ml (3 Flavours)	\$2.60
Juice Bomb Sparkling Juice	\$2.80
Up 'n' Go	\$2.80

Please note that while we take great care to ensure the correct flavour drink/ice block is provided, some substitutions may occur due to circumstances out of our control

Cold Treats

Quelch Fruit Stick	\$1.00
Frozen Juice Cup	\$1.50
Snap Stix Ice Block	\$1.50
Icy Mony	\$1.50
Moosie Pouch	\$1.50
Juicee Tube	\$1.50
Lemonade on a Stick	\$1.50

All cold treats are to be collected from the canteen by returning brown lunch bag

Snacks

Pizza Muffic (Recess Only)	\$1.00
Laughing Cow Cheese	\$1.00
Carrot Sticks	\$1.00
Piece of Fruit	\$1.20
Boiled Egg	\$1.00
Popcorn	\$1.50
Custard Cup	\$1.50
Fruit Salad	Small \$3.00
	Large \$4.00
Dip Snack Box	\$3.50
Banana Bread Slice	\$3.00
Red Rock Crisps	\$2.00
Grainwaves	\$2.00



Classroom Catering supports a focus on everyday healthy food & drink options and is fully compliant with the NSW Healthy School Canteen food & drink benchmarks.



Gluten Free and Halal menus are available online (see details above).